

Name: Colton Merrill, ATC, CPT		Grading Quarter: 1	Week 11 Beginning: October 15, 2024
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 1	
Monday	Notes:	NO SCHOOL FALL BREAK	Academic Standards:
Tuesday	Notes:	<p>Objective: Understand terminology related to wound care. Identify and demonstrate steps involved in properly caring for an open wound Identify and explain situations in which an open wound would need to be referred for further care</p> <p>Lesson Overview: L 1 Basic Open Wound Care</p>	Academic Standards: 5.6 5.7
Wednesday	Notes:	<p>Objective: Understand terminology related to assessment and care of muscle, bone and joint injuries Identify muscle, bone and joint injuries and what acute care is needed Differentiate between acute care immobilization and immobilization for the healing process Demonstrate use of splints and immobilizers</p> <p>Lesson Overview: L 2 Basic Muscle, Bone and Joint Injury Care</p>	Academic Standards: 5.6 5.7

Thursday	Notes:	<p>Objective:</p> <p>Understand the terminology involved in the phases of soft tissue healing Identify and explain the phases of soft tissue healing Contrast the phases of soft tissue healing</p> <p>Lesson Overview:</p> <p>L 3 Soft Tissue Healing Phases</p>	Academic Standards: 5.7
Friday	Notes:	<p>Objectives</p> <p>Identify terminology specific to bones Understand and describe purpose of bones in the body Describe the phases of fracture healing Compare/contrast soft tissue healing with bone healing</p> <p>Lesson Overview:</p> <p>L4 Fractured Healing</p>	Academic Standards: 6.6